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Lehigh Valley native endorsed to provide Telehealth for the US Virgin Islands

To reach record numbers of people with mental health challenges, many Behavioral Health Professionals are offering Telehealth sessions. Among them, Lehigh Valley native Jennifer Grube was awarded licensure by The US Virgin Islands to treat people with mental health challenges on the same day its Governor submitted legislation to overhaul a sub-par system.

NEWS PROVIDED BY:

John Calvaresi, Eagle Media Group

April, 2022

In an effort to broach the exponential increase in anxiety and depression across the country, mental health professionals must be 'all-in' when it comes to innovation and flexibility. Clinicians have stepped up to the plate with the newest way to provide treatment – Virtual or Telehealth. According to SAMHSA (Substance Abuse and Mental Health Services Administration), the implementation and use of Telehealth as a mode of service delivery has increased significantly. Telehealth has doubled in earlier years and this trend continues due in large part to the COVID-19 pandemic. For example; between March 11 and April 22 of 2020, Telehealth increased by 556% for mental health visits. Between hybrid or cyber-schooling with youth or work and economic stress with adults, anxiety and depression continue to ramp up while our behavioral healthcare system is overloaded.

Earlier this month, The Governor of the US Virgin Islands, Albert Bryan, Jr. submitted legislation to overhaul and reform. The Territory's mental health system includes support for Telehealth and other critical services. On this same day, a local, seasoned therapist was publicly recognized and licensed to provide mental health treatment via Telehealth for those in need residing in the US Virgin Islands. For over 30 years, Jennifer Grube, a Marywood University Alumni, has provided mental health treatment and lead organizations as a Licensed Clinical Social Worker, Psychotherapist and Author. She has embraced this exceptional need as an opportunity to provide 100% Telehealth sessions. She continues to partner with the National Association of Social Workers to offer Home Study courses for continuing education units. When asked about working with the fine people in the US Virgin Islands, Ms. Grube stated, "I am humbled and blessed to help vulnerable populations in the USVI and other States." USVI Governor Bryan not only compliments professionals such as Ms. Grube, he notes; "I'm proud to submit this legislation, which is long overdue." Jennifer is licensed in her home State of PA and gained emergency licenses in both Oregon and New Jersey where the availability of therapists was inundated. This deficiency in essential Social Workers and other resources is abetting to failing mental health. Ms. Grube is also licensed in Florida, Virginia and now the US Virgin Islands. Jennifer is the Author of "Whispers of Inspiration," which has been eagerly anticipated by survivors and advocates across the country as meritorious quotes resonate the deep realities of those who have experienced trauma. The book is an eminently distinguished, personally inspired page-turner that leaves the reader with insight into the soul of the survivor.

For more information or to order the book "*Whispers of Inspiration*" go to www.jennifergrube.com

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"Whispers of Inspiration"

Hardcover: ISBN: 978-1-4918-5865-3 (\$25) Softcover: ISBN 978-1-4918-5866-0 (\$15)

Ebook: 978-1-4918-5864-6 (\$5) | **100%** of book proceeds are donated to treat trauma survivors